



**Traditional Rec Cheer  
Score Sheet**

<b>Crowd Leading</b>	<b>Points</b>	<b>Score</b>
Crowd Effective Material - Voice, Pace & Flow	5	
Ability & Energy to Lead the Crowd	5	
Proper Use of Signs, Poms or Megaphones & Motion Technique	5	

<b>Skill Incorporations</b>	<b>Points</b>	<b>Score</b>
Proper Use of Skills to Lead the Crowd	5	
Execution - Proper Technique, Synchronization & Spacing	10	

<b>Cheer Overall Impression</b>	<b>Points</b>	<b>Score</b>
Flow, Overall Crowd Effectiveness & Difficulty of Practical Skills	5	

<b>Total</b>	<b>Points</b>	<b>Score</b>
	35	



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Score Sheet**

Partner Stunts	Points	Score
Perfection of Skill - Proper Technique, Synchronization & Spacing	10	
Difficulty - Level of Skills, Number of Stunts Performed, Number of Bases Used, Transitions & Variety	5	

Pyramids	Points	Score
Perfection of Skill - Proper Technique, Synchronization & Spacing	10	
Difficulty - Level of Skills, Number of Stunts Performed, Number of Bases Used, Transitions & Variety	5	

Building Overall Impression	Points	Score
Transitions & Creativity	5	

Total	Points	Score
	35	



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Score Sheet**

<b>Standing / Running Group Tumbling</b>	<b>Points</b>	<b>Score</b>
Execution - Proper Technique, Form & Synchronization	10	
Difficulty - Difficulty of Skills Performed in Groups	5	

<b>Jumps</b>	<b>Points</b>	<b>Score</b>
Performance - Proper Technique, Form, Height, Synchronization,	3	
Type of Jump(s), Connections / Combos or Variety	2	

<b>Motions/Dance</b>	<b>Points</b>	<b>Score</b>
Technique, Sharpness, Placement, Timing, Synchronization	3	
Use of Levels, Overall Choreography & Visual Appeal	2	

<b>Overall Impression</b>	<b>Points</b>	<b>Score</b>
Routine Creativity, Flow & Use of Formations / Transitions	5	

<b>Total</b>	<b>Points</b>	<b>Score</b>
	30	